

I Support HB1020/SB868

The Self-Direction Act



My name is Adesola Akinpelu. My family and friends call me Ade. I am 37 years old, and I have been in self-direction for 3 ½ years. I really like to be active. I participate in programs offered by Howard County Recreation and Parks, and in athletics and bowling events in Howard County Special Olympics. I have a personal trainer at the YMCA, where I also swim. I enjoy listening to music, going to the movies, going to summer camp, and traveling. Last year my self-directed staff member and I went to New York City to see two Broadway shows. I have been living in my own apartment since December 2019, with support from my self-directed staff. I really like the independence that this has given me.

*Choice and Control Matter
Matter to Me!*



Self-Direction is important to me because...

- It allows me to have more independence from my parents
- It allows me to choose the activities that I want to participate in
- It provides funds for activities I enjoy, such as summer camp

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